

# CASE REPORT / ПРИКАЗ БОЛЕСНИКА

# Decoronation – a treatment option of an ankylosed permanent tooth in children and adolescents

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#### **SUMMARY**

**Introduction** In children and growing adolescents, ankylotic resorption (i.e., progressive replacement resorption) of a permanent tooth is a serious complication. An ankylosed tooth root is continuously resorbed and replaced with bone; normal growth of alveolar bone is disturbed and infraposition of the dental crown progresses. This article aims to present decoronation as a very good treatment option for permanent incisors diagnosed with progressive replacement resorption in children and adolescents. **Case outline** A 9.5-year-old boy was referred with non-vital both upper central permanent incisors due to dental trauma. In the left one, which had been re-implanted 90 minutes after avulsion, progression of clinical and radiographic pathological signs of ankylotic resorption was observed over the months. To prevent the local arrest of alveolar ridge growth and tilting of adjacent teeth, we decoronated the ankylosed tooth. For aesthetic and functional rehabilitation adhesive bonding of his dental crown was performed. **Conclusion** In growing individuals with progressive replacement resorption, a dentist should be aware of decoronation as an effective treatment option with a predictable outcome.

Keywords: decoronation; progressive replacement resorption; ankylosis; bone preservation; infraposition

### INTRODUCTION

Severe dental traumas often result in a variety of complications; one of them is ankylotic resorption (also known as progressive replacement root resorption or dentoalveolar ankylosis). With ankylotic resorption, the tooth root is gradually resorbed, and replaced by bone. This process can progress over many years. The rate of resorption varies between individuals and depends on age, basal metabolic rate, extra-alveolar time of the tooth, root surface treatment before replantation, amount of root dentin at the time of the trauma, the severity of the trauma, and the extent of periodontal ligament necrosis [1].

Commonly, ankylotic resorption may develop in teeth reimplanted after complete separation of its alveolus (i.e., tooth avulsion). Most frequently, avulsion occurs in children aged between seven and 10 [2]. Avulsion of a permanent tooth is an emergency condition that requires immediate action [3]. From the moment the tooth is avulsed from the alveolar socket, time is the most important factor. In addition to the length of extra-alveolar time, the healing process of the reimplanted tooth is influenced by various factors, including the age of the patient, handling of the avulsed tooth before replantation [4]. As the time between avulsion to reimplantation lengthens, the likeli-

hood of a favorable outcome decreases rapidly. In non-physiological conditions, cementoblasts die on the root surface [5]. After tooth reimplantation, a severely damaged periodontal ligament prevents its regeneration. In such damaged periodontium, gradual development of ankylotic resorption is always expected [2]. The long-term prognosis of so affected tooth is poor.

This report aims to present a clinical case of a child who underwent decoronation treatment needed due to progressive replacement resorption of his permanent incisor.

#### **CASE OUTLINE**

A 9.5-year-old boy was referred to the University Medical Centre of Ljubljana, Division of Stomatology due to complications related to dental trauma. Both upper central permanent incisors suffered an injury when he fell off his bicycle a month and a half ago. The left incisor was knocked out, and a tooth crown of the right incisor was fractured and with the exposed pulp. The avulsed tooth was reimplanted after 90 minutes.

A clinical examination a month and a half after the injury revealed a negative response on cold and electrical testing of both traumatized incisors. The right one showed also some

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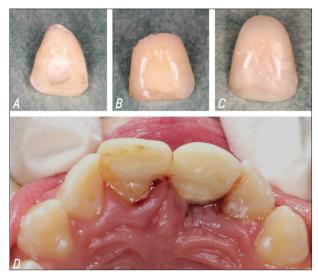


**Figure 1.** Decoronation of ankylosed and infrapositioned upper left central incisor in a 9.5-year-old boy; A – following administration of local anesthesia, a full-thickness buccal mucoperiostal flap is elevated; the palatal tissue is left intact; B – The crown of the ankylozed incisor is cut with a diamond bur 1–2 mm below the alveolar bone crest under continuous saline irrigation; C – the dental crown is removed; D – from the root canal, calcium hydroxide is washed out (Calxyl, O OCO Präparate GmbH, Dirmstein, Germany); E – the root canal is endodontically instrumented and copiously rinsed with saline; F – As bleeding filled the empty root canal; G – the mucoperiosteal flap is repositioned and sutured; H – on x-rays taken two months after the dental trauma (the incisor was reimplanted 1.5 hours after avulzion); I – after decoronation

tenderness on palpation and was pathologically mobile. X-ray taken at this visit displayed inflammatory and replacement resorption of the right and left incisor, respectively. Therefore, we started root canal treatment of both non-vital teeth.

Seven weeks later, a root canal of the right incisor was tightly sealed with guttapercha and root canal sealer AH Plus (Dentsply Sirona, York, PE, USA). In the root canal of the left incisor, calcium hydroxide (Calxyl, OCO Präparate, Dirmstein, Deutschland) was replaced periodically, with the tight placement of temporary coronary filling after each section.

Six months after dental trauma, minor infraoccusion was already observed. High metal percussion sound and decreased mobility of the tooth were also noted. Over the months, we observed progression of clinical (e.g., infraocclusion) and radiographic pathological signs (disappearance of the width of the periodontal ligament, progression of the root resorption, and its replacement with bone). Two years after the occurrence of dental trauma, decoronation of the ankylosed tooth crown was performed to prevent



**Figure 2.** After decoronation; A – the cut tooth crown is thoroughly cleaned, the pulp chamber filled in layers with composite; B and C – appropriately shaped; D – the palatal surfaces of the crown and both adjacent teeth are then etched with 37% phosphoric acid, washed, and dried; this is followed by application and polymerization of an adhesive, adjustment of resin-soaked polyethylene fibers, and application and polymerization of low-viscosity composite; the result is the immediate aesthetic and functional outcomes, with which the patient is also satisfied

the local arrest of alveolar ridge growth and tilting of adjacent teeth (Figure 1). Immediately afterward, the boy was aesthetically and functionally rehabilitated with his dental crown (Figure 2).

This case report was approved by the institutional ethics committee, and written consent was obtained from the patient for the publication of this case report and any accompanying images.

# **DISCUSSION**

Normally during the growth of children, the forces of periodontal and gingival fibers allow bone apposition on top of the interdental septum [6]. In the area of an ankylosed tooth, with partly or completely resorbed periodontal fibers, the marginal bone development terminates and the tooth eruption arrests. Due to cessation of the formation of the alveolar bone formation, infraposition of an ankylosed tooth develops, which may result in an unaesthetic dento-gingival complex and/or a complication in future prosthetic rehabilitation [4]. Furthermore, the still present interdental fibers between the ankylosed tooth and the adjacent ones cause tipping of the adjacent teeth as they continue to erupt. In the growing patient, progressive replacement resorption not only leads to the inevitable loss of the traumatized tooth but also affects the alveolar bone formation and the eruption of adjacent teeth [7, 8].

A slowly progressive resorption process of the ankylotic root allows the dentist to decide on the appropriate timing for therapy; the prosthetic rehabilitation can be a postponement to an appropriate time. The ankylotic tooth should be monitored regularly, without any intervention, unless tilting of adjacent teeth or moderate infraposition

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develops. The progression of infraposition depends on the age, gender, and skeletal growth pattern of the patient [8]. Cases with severe infraposition of ankylosed teeth indicate serious aesthetic and functional disturbances. To avoid such complications, one or more appropriate treatment procedures should be performed in a timely manner.

Unlike in an adult patient, in growing individuals' therapy with a dental implant is not recommended. Osseointegrated implants lack the compensatory growth mechanism of the natural teeth; in young patients' implants behave similarly to ankylosed teeth. It is not until skeletal growth and development are completed that the placement of dental implants can be considered [4]. Immediate extraction upon diagnosis of irreversible ankylosis is also not routinely recommended. Extraction of the ankylosed tooth often leads to major bone loss, compromising the subsequent implantation and prosthetic solutions [5].

Decision on the selected treatment of ankylosed permanent teeth should include additional considerations, such as diagnosis of adjacent teeth, type of occlusion, age of the patient, and the root development of potential donor teeth if autotransplantation is planned [9]. In some cases, orthodontic space closure provides esthetic solution and rehabilitation of the alveolar bone ridge. Composite built-up of a crown improve the appearance of an orthodontontically-translocated tooth. Autotransplantation of a premolar is also an alternative treatment option in a child. Viable periodontal ligament of the transplanted tooth will induce continuous development of bone formation and if necessary, enable orthodontic treatment [10]. The premolar crown builds up with composite and the gradual grinding of the tip of the palatal cusp will provide the appropriate esthetics.

In the majority of pediatric cases with progressive replacement resorbtion, decoronation is a highly recommended treatment option with a predictable success. Yet, many clinicians are unaware of this treatment option [5]. Decoronisation can be performed in a patient in whom an implant or a dental bridge replacement is planned in the future, and has no medical, surgical or orthodontic contraindications [4]. Following decoronation, the patient should be provided with optimal interim dental rehabilitation. This decision on the selected rehabilitation may be influenced by the occurrence of dental caries, the eruption of adjacent teeth, occlusion, presence or absence of tooth buds, and the future planned dental treatment. If subsequent implant insertion is foreseen, it is especially advisable to keep adjacent teeth intact.

With decoronation and removal of the filling material from the root canal, the volume of the alveolar bone ridge is preserved. If the entire crown (i.e., enamel) and the root-canal filling have been completely removed, root resorption is predictable. Within a few years, no remnants of decoronated root can be observed on X-rays [5]. Given subsequent implant placement, decoronation facilitate future rehabilitation with minimal or no ridge augmentation procedures.

A dentist should be familiar with the treatment options for ankylosed permanent teeth. In growing individuals, decoronation is a treatment option that allows proper eruption of adjacent teeth and preservation of alveolar bone, provides good immediate rehabilitation with quality functional and dental aesthetic appearance, and facilitates future planned prosthetic and/or implant rehabilitation.

Conflict of interest: None declared.

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# Декоронизација – могућност лечења анкилозираног сталног зуба код деце и адолесцената

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## САЖЕТАК

Увод Код деце и адолесцената у развоју анкилоза (тзв. прогресивна заменска ресорпција) сталног зуба представља озбиљну компликацију. Анкилозирајући корен зуба континуирано се ресорбује и замењује га кост, нормалан раст алвеоларне кости бива поремећен, што доводи до инфрапозиције крунице зуба.

Овај чланак представља декоронизацију као одличну могућност лечења сталних секутића код којих је дијагностикована прогресивна заменска ресорпција код деце и адолесцената. Приказ болесника Дечак од девет и по година долази са оба авитална горња централна стална секутића због трауме зуба. Код левог, који је био реимплантиран 90 минута након

авулзије, током месеци је примећено напредовање клиничких и радиографских патолошких знакова анкилотичке ресорпције. Да бисмо спречили локално заустављање раста алвеоларног гребена и нагињање суседних зуба, декоронизирали смо анкилозирани зуб. За естетску и функционалну рехабилитацију извршено је лепљење сопствене крунице

**Закључак** Стоматолог треба да буде упознат са декоронизацијом као ефикасном методом лечења са предвидљивим исходом код деце и адолесцената са прогресивном заменском ресорпцијом корена зуба.

**Кључне речи:** декоронизација; прогресивна заменска ресорпција; анкилоза; очување костију; инфрапозиција